



Hicks, with partner David Flint Wood and sons Conrad and Amory, in their Harbour Island living room.

beauty at home

## she sells seaside scents

Bahamas-based beauty maven **India Hicks** knows just how to bring a breezy aroma to every room—no matter how far from the shore you actually live.

photographs by Miguel Flores-Vianna

After 10-plus years as a model, the daughter of legendary interior designer and *domino* icon David Hicks has authored two coffee-table books on Bahamian lifestyle and decorated The Landing, a luxe hotel on Harbour Island. Most recently, Hicks was tapped as creative partner at Crabtree & Evelyn to develop soaps, candles and other fragrant delights inspired by the spider lilies and casuarina trees that surround her home. We asked the expert how to beachify the air anywhere.

Turn the page for tips. →

### clean air act

Exponentially more effective than opening a single window, having two windows cracked open on opposite sides of your space ensures a continuous stream of fresh air—and provides excellent circulation for home fragrance. A vase full of palm fronds releases a subtle grassy whiff, while a planted parlor palm literally purifies the air.

David Hicks for Groundworks “La Fiorentina” chair fabric ABOUT \$98/YARD, LEE JOFA (800) 453-3563 FOR INFORMATION



A mostly white living room is grounded with dark wood and a geometric David Hicks print on chairs.

### shortcut to paradise

Hicks' fragrant line captures the Caribbean atmosphere.



#### silky suds

This triple-milled (i.e., supersmooth) hand soap is stamped with an icon inspired by Victorian botanical prints. *Natural “Spider Lily”* \$20/SET OF TWO

#### fresh-cut scent

The handmade basket amps up the tropical vibe. *“Casuarina” three-wick scented candle* \$80 CRABTREE-EVELYN.COM

#### soothing soak

Infused with the soapy aroma of spider lily, this blend of Epsom and sea salts revs up skin while loosening muscles. *“Spider Lily” bath salt* \$30

ALL AT CRABTREE-EVELYN.COM



Hicks' ambient indoor line is inspired by the nature around her stately but laid-back guest house.

STILLS: DOMINO DIGITAL STUDIO





*Spritzing your bedroom with essential oils is a natural sleep aid.*

### smells dreamy

To freshen rather than perfume your bedroom, mist it with deodorizing bergamot. Hicks also enjoys relaxing chamomile, or lavender essential oil to relieve stress. (Go for "Sleep Perchance to Dream" pillow mist \$20, origins.com.) If you can dry your sheets outside, skip the bleach, since the sun will naturally whiten them; they will also end up smelling better than they would with fabric softener. Store linens where they can breathe—Hicks stashes them in a closet with louvered doors—so they stay aerated until you're ready to use them.

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*David Hicks for Groundworks "Herbert's Carnation Weave" headboard fabric ABOUT \$98/YARD, LEE JOFA (800) 453-3563 FOR INFORMATION*



The extra-tall headboard is done in a recently rereleased fabric designed by Hicks' father.

### common scents

While nothing beats dinner in a garden on a warm summer night, any meal is transformed by candlelight. However, some candles can be too perfume-y at the table. Hicks suggests burning lemony citronella, as it keeps bugs at bay and the light aroma won't overpower food. Or try nonfloral scents like thyme, rosemary or grass. At other than mealtimes, Hicks likes a scent that augments what's naturally in the air—such as pine in fall or lilac in late spring.

Sprigs of fuchsia and coral bougainvillea are ideal flowers for the table: They have no scent and last for days.



In a white and stainless kitchen, just-picked fruit adds punches of color.

### main squeeze

Oranges in the kitchen smell like morning. Hicks swears by a wake-up combination of orange, carrot and apple juice. Vitamin boost aside, citrus has a clean and energizing fragrance.